



Parenting highly-sensitive children

Interactive workshop for parents

Wednesday, June 13th - 18h00 to 19h30

FREE

(suggested voluntary contribution: 20\$)

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Book your place
directly on our
web site or by
phone at
514.358.2710.

DESCRIPTION OF THE WORKSHOP

One in four children has the trait of high-sensitivity. Highly-sensitive children react strongly to gentle reprimands, are startled easily, notice subtle changes in their environment, and are highly perceptive of others' feelings.

If you noticed any of these behaviours in your child, then you will benefit from learning about how highly-sensitive children experience the world. Understanding high-sensitivity in children can help you in your daily parenting struggles and can improve your relationship with your child.

In this interactive mini-workshop based on the latest research, you will learn to define and recognize high-sensitivity in children and to adapt your parenting style to respond to the needs of your highly-sensitive child.

PRACTICAL INFORMATION

- Free daycare available: reservations required by phone.
- Free snacks and drinks offered.